1 NOVEMBER 2026 | EVENTS & ACTIVITIES

							SUNDAY 1ST
EVENTS HIGHLIGHTS							**AM** **CHURCH SERVICE**
TOP FLOOR							AM Household Chores PM Scrapbooking
MIDDLE FLOOR							**AM** Church Service **PM** Over The Net
LOWER FLOOR							**AM** Higher/Lower Game **PM** Domino's In The Bistro
CINEMA							Resident's Choice - See Film Book
SALON							Closed

WEEK 1

6P

2-8 NOVEMBER 2026 | EVENTS & ACTIVITIES

	MONDAY 2ND	TUESDAY 3RD	WEDNESDAY 4TH	THURSDAY 5TH	FRIDAY 6TH	SATURDAY 7TH	SUNDAY 8TH
EVENTS HIGHLIGHTS	**AM** BUKI'S SEWING WORKSHOP	**AM** TRIP - HALL PALACE	**PM** MUSICAL ENTERTAINMENT	**PM** TRIP - GREENWICH FIREWORK NIGHT	**PM** MUSICAL ENTERTAINMENT	**AM** BISI & GOSPEL CHOIR	**AM** CHURCH SERVICE
TOP FLOOR	**AM** Buki's Sewing Workshop **PM** Aqua Painting	**AM** Sing-Along with Judith **PM** Magic Table	**AM** Balloon Fun **PM** Sensory Session	**AM** Firework Art **PM** Talitha Arts	**AM** Doll Therapy **PM** Musical Entertainment - Sarah Starkey	**AM** Musical Exercise **PM** Skittles	**AM** Make Some Noise With Instruments **PM** Rememberance Day Entertainment - Daisy
MIDDLE FLOOR	**AM** Boxercise **PM** Archery	**AM** Table Tennis **PM** Arts & Crafts	**AM** Seated Yoga **PM** Musical Entertainment - Mark Sedgwick	**AM** Sing-Along with Judith **PM** Exercise with Rise	**AM** Songs & Smiles **PM** Puzzle Time	**AM** Bisi & Gospel Choir **PM** Bingo	**AM** Church Service **PM** Knit & Natter
LOWER FLOOR	**AM** Monday Quiz **PM** Colour By Numbers	**AM** Arts & Crafts **PM** Ping Pong Cups	**AM** Cora's Japanese Pastel Arts **PM** Whiteboard Wednesday	**AM** Play Your Cards Right **PM** Over The Net	**AM** Board Games **PM** Hit The Target	**AM** Name That Tune **PM** Knit & Natter	**AM** Trivia Quiz **PM** Movie Matinee
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser	Closed	Hairdresser	Closed	Hairdresser	Closed	Closed

WEEK 2

9-15 NOVEMBER 2026 | EVENTS & ACTIVITIES

	MONDAY 9TH	TUESDAY 10TH	WEDNESDAY 11TH	THURSDAY 12TH	FRIDAY 13TH	SATURDAY 14TH	SUNDAY 15TH
EVENTS HIGHLIGHTS	**AM** BOXERCISE	**AM** TRIP - LADIES' LUNCH	**AM** VINTAGE TEA FOR ARMISTICE DAY	**AM** TRIP - GENT'S LUNCH	**AM/PM** CHILDREN IN NEED	**PM** SENSORY HAND MASSAGE	**AM** CHURCH SERVICE
TOP FLOOR	AM Ball Games **PM** Sensory Hand Massage	AM Sing-Along with Judith **PM** Arts & Crafts	AM Musical Entertainment - Young & Wise **PM** Bubble Fun	AM What's In The Box **PM** Talitha Arts	AM Choir Singing **PM** Magic Table	AM Parachute Fun **PM** Ball Games	AM Make A Milkshake **PM** Fun With Bubbles
MIDDLE FLOOR	**AM** Boxercise **PM** Who Wants To Be A Millionaire	**AM** Target Practice **PM** Musical Exercise	**AM** Seated Yoga **PM** Movie Matinee	**AM** Sing-Along with Judith **PM** Exercise with Rise	**AM** Songs & Smiles **PM** Photos For Children In Need	**AM** Flower Arranging **PM** Choir Singing	**AM** Church Service **PM** Scrapbooking
LOWER FLOOR	**AM** Higher/Lower Game **PM** Bingo	**AM** Coffee & Quiz **PM** Board Games	**AM** Creative Mojo Arts & Crafts **PM** Entertainment with Holly & Vintage Tea	**AM** Morning Riddles **PM** What The Paper's Say	**AM** Puzzle Pages **PM** Muscial Entertainment - Franz Hepburn	**AM** Scrapbooking **PM** Sensory Hand Massage	**AM** Word Games **PM** Choir Singing
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser	Closed	Hairdresser	Closed	Hairdresser	Closed	Closed

WEEK 3

16-22 NOVEMBER 2026 | EVENTS & ACTIVITIES

	MONDAY 16TH	TUESDAY 17TH	WEDNESDAY 18TH	THURSDAY 19TH	FRIDAY 20TH	SATURDAY 21ST	SUNDAY 22ND
EVENTS HIGHLIGHTS	**AM** **BOXERCISE**	**AM** **TRIP - ST AUGUSTINE'S CHURCH**	**PM** **MUSICAL ENTERTAINMENT**	**AM** **TRIP - MAYS OF LONDON**	**PM** **MUSICAL ENTERTAINMENT**	**AM** **BISI & GOSPEL CHOIR**	**AM** **CHURCH SERVICE**
TOP FLOOR	AM Doll Therapy PM 1-to-1 Sensory Session	AM Sing-Along with Judith PM Bean Bag Fun	AM Choir Singing PM Calm Colouring	AM Musical Movement PM Talitha Arts	AM Floor Games PM Musical Entertainment - Barnfire	AM Paint A Picture PM Sing-Along To Elvis	AM Chat & Cuppa PM Taste of Portugal
MIDDLE FLOOR	**AM** Boxercise **PM** Archery	**AM** Pitch & Putt **PM** Dawson Talks	**AM** Seated Yoga **PM** Whiteboard Wednesday	**AM** Sing-Along with Judith **PM** Exercise With Rise	**AM** Songs & Smiles **PM** Hit The Target	**AM** Bisi & Gospel Choir **PM** Taste of Portugal	**AM** Church Service **PM** Choir Singing
LOWER FLOOR	**AM** Buki's Sewing Workshop **PM** Reminiscing Chat	**AM** Armchair Exercise **PM** Choir Singing	**AM** Cora's Japanese Pastel Arts **PM** Musical Entertainment - Annie Riley	**AM** Thursday Quiz **PM** Magic Table	**AM** Friday Friendship Coffee Morning **PM** Taste of Portugal	**AM** Board Games **PM** Pitch & Putt	**AM** Table Tennis **PM** Movie Matinee
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser	Closed	Hairdresser	Closed	Hairdresser	Closed	Closed

WEEK 4

23-29 NOVEMBER 2026 | EVENTS & ACTIVITIES

	MONDAY 23RD	TUESDAY 24TH	WEDNESDAY 25TH	THURSDAY 26TH	FRIDAY 27TH	SATURDAY 28TH	SUNDAY 29TH
EVENTS HIGHLIGHTS	**AM** **BOXERCISE**	**AM** **TRIP - BEXLEYHEATH SHOPPING**	**PM** **MUSICAL ENTERTAINMENT**	**PM** **TRIP - RUXLEY GARDEN CENTRE**	**PM** **MUSICAL ENTERTAINMENT**	**NOVEMBER EVENT** **CHRISTMAS FAYRE**	**AM** **CHURCH SERVICE**
TOP FLOOR	**AM** Tin Can Alley **PM** Household Chores	**AM** Sing-Along with Judith **PM** Winter Arts & Crafts	**AM** Creative Mojo Arts & Crafts **PM** Target Game Challenge	**AM** Over The Net Balloons **PM** Talitha Arts	**AM** Biscuit Decorating **PM** Musical Entertainment - Keely	**AM** Sing-Along to the 60's **PM** Aqua Painting	**AM** Magic Table Sensory **PM** Sunday Chillout Music
MIDDLE FLOOR	**AM** Boxercise **PM** Ladies Pamper Afternoon	**AM** Table Tennis **PM** Choir Singing	**AM** Seated Yoga **PM** Biscuit Decorating	**AM** Sing-Along with Judith **PM** Exercise With Rise	**AM** Songs & Smiles **PM** Ping Pong Cups	**AM** Puzzle Pages **PM** General Knowledge Quiz	**AM** Church Service **PM** Movie Matinee
LOWER FLOOR	**AM** Over The Net **PM** Choir Singing	**AM** Jewellery Making **PM** Magic Table Quiz	**AM** Whiteboard Wednesday **PM** Musical Entertainment - Santino	**AM** Biscuit Decorating **PM** 1-to-1 Sessions	**AM** Table Games **PM** Friday Smoothies	**AM** **CHRISTMAS FAYRE** **PM** Chat & Cuppa	**AM** Paint A Picture **PM** Choir Singing
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser	Closed	Hairdresser	Closed	Hairdresser	Closed	Closed

WEEK 5

30 NOVEMBER 2026 | EVENTS & ACTIVITIES

	MONDAY 30TH						
EVENTS HIGHLIGHTS	**AM** **BUKI'S SEWING WORKSHOP**						
TOP FLOOR	AM Household Chores PM Balloon Games						
MIDDLE FLOOR	**AM** Boxercise **PM** Archery						
LOWER FLOOR	**AM** Buki's Sewing Workshop **PM** What The Papers Say						
CINEMA	Resident's Choice - See Film Book						
SALON	Hairdresser						

WEEK 6