



1 - 6 SEPTEMBER 2026 | EVENTS & ACTIVITIES

		TUESDAY 1ST	WEDNESDAY 2ND	THURSDAY 3RD	FRIDAY 4TH	SATURDAY 5TH	SUNDAY 6TH
EVENTS HIGHLIGHTS		AM TRIP - DANSON PARK	PM MUSICAL ENTERTAINMENT	AM TRIP - HALL PLACE	PM MUSICAL ENTERTAINMENT	PM TRIP - WALK IN THE PARK	AM CINEMA CLUB
TOP FLOOR		AM Sing-Along with Judith PM Sensory Games	AM Seated Exercises PM Hit The Target	AM Parachute & Balls PM Doll Therapy	AM Aqua Painting PM Musical Entertainment - Charles Antony	AM Balloon Fun PM Memory Lane - Musicals	AM Scarf Exercises PM Sing-Along with Instruments
MIDDLE FLOOR		AM Trip - Walk in the Park PM Ping Pong Cups	AM Quiz PM Make Retro Coconut Ice	AM Sing-Along with Judith PM Flower Arranging	AM Exercise with Rise PM Jewellery Making	AM Play Your Cards Right PM Puzzles Galore	AM Cinema Club - Famous Books PM Book Club - Reminiscence
LOWER FLOOR		AM Reminiscence - Movie Stars PM Name That Tune	AM Creative Mojo Arts & Crafts PM Musical Entertainment - Andy Mace	AM Quiz PM Floor Games	AM Ladies Pamper Morning PM Gentrleman's Club	AM Higher or Lower Game PM Trip - Walk in the Park	AM Riddle Me This Quiz PM Gardening Club
CINEMA		Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON		Closed	Hairdresser	Closed	Hairdresser	Closed	Closed



7 - 13 SEPTEMBER 2026 | EVENTS & ACTIVITIES

	MONDAY 7TH	TUESDAY 8TH	WEDNESDAY 9TH	THURSDAY 10TH	FRIDAY 11TH	SATURDAY 12TH	SUNDAY 13TH
EVENTS HIGHLIGHTS	SEPTEMBER EVENT SEVENTIES NIGHT	AM TRIP - SHOPPING IN BEXLEYHEATH	PM MUSICAL ENTERTAINMENT	AM SING-ALONG WITH JUDITH	PM MUSICAL ENTERTAINMENT	AM BISI & GOSPEL CHOIR	AM CHAT & CUPPA
TOP FLOOR	AM Music & Bubbles PM Household Chores	AM Sing-Along with Judith PM Trip - Walk in the Park	AM Cora's Japanese Pastel Arts PM Musical Entertainment - Scott Elvis	AM Arts & Crafts PM Sensory Session	AM What's in a Photo PM Sensory Hand Massage	AM Ball Games PM Make a Milkshake	AM Memory Lane - At The Seaside PM Bean Bag Travel
MIDDLE FLOOR	AM Boxercise PM Just Dance	AM Bingo PM Dawson Talks	AM Name That Tune PM Board Games	AM Sing-Along with Judith PM Reminiscence - School Days	AM Songs & Smiles PM Exercise with Rise	AM Bisi & Gospel Choir PM Arts & Crafts	AM Beaded Braclet Making PM Table Tennis
LOWER FLOOR	AM Buki's Sewing Workshop PM A Taste of the World Books	AM Reminiscence - Famous Actors PM Arts & Crafts	AM Seated Exercise PM Trivia Quiz	AM Ping Pong Cups PM Are You Okay? Chats	AM Bingo PM Musical Entertainment - Annie Riley	AM Make A Wish PM Stroll In The Garden	AM Chat & Cuppa About The Good Ole Days PM Flower Arranging
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser	Closed	Hairdresser	Closed	Hairdresser	Closed	Closed



14 - 20 SEPTEMBER 2026 | EVENTS & ACTIVITIES

	MONDAY 14TH	TUESDAY 15TH	WEDNESDAY 16TH	THURSDAY 17TH	FRIDAY 18TH	SATURDAY 19TH	SUNDAY 20TH
EVENTS HIGHLIGHTS	AM BOXERCISE	AM PAINTING FRUIT	PM MUSICAL ENTERTAINMENT	AM TRIP - TEA ROOMS AT THE PANTILES	PM MUSICAL ENTERTAINMENT	PM WORLD KITCHEN - SPANISH TAPAS	PM MAKING FRUIT PUNCH
TOP FLOOR	AM Scrapbooking Club PM Remembering 60's Music	AM Sing-Along with Judith PM Skittles Game	AM Creative Mojo Arts & Crafts PM Muscial Entertainment - Franz Hepburn	AM Sensory Music & Lights PM Ball Games	AM Spanish Arts & Crafts PM Doll Therapy	AM Music & Dance PM Trip Down Memory Lane	AM Balloon Games PM World Kitchen - Spanish Tapas
MIDDLE FLOOR	AM Boxercise PM Just Dance	AM Scrapbooking Club PM Hit The Target Game	AM Seated Exercise PM Tree Art	AM Sing-Along with Judith PM Reminiscence - Tea Dances	AM Songs & Smiles PM Exercise with Rise	AM Arts & Crafts PM World Kitchen - Spanish Tapas	AM Higher or Lower Game PM Making Fruit Punch
LOWER FLOOR	AM Friendship Morning wiht Coffee & Doughnuts PM Coordination Catch Games	AM Paiting Fruit PM Puzzles	AM Ball Games PM Remembering 50's Music	AM White Board Quiz PM Scrapbooking Club	AM World Kitchen - Spanish Tapas PM Muscial Entertainment - Barnfire	AM Reminiscence - Dancing Days PM Quiz of Famous Danceres	AM Table Board Games PM Garden Time
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser	Closed	Hairdresser	Closed	Hairdresser	Closed	Closed



21 - 27 SEPTEMBER 2026 | EVENTS & ACTIVITIES

	MONDAY 21ST	TUESDAY 22ND	WEDNESDAY 23RD	THURSDAY 24TH	FRIDAY 25TH	SATURDAY 26TH	SUNDAY 27TH
EVENTS HIGHLIGHTS	AM BOXERCISE	AM TRIP - BLUEWATER SHOPPING CENTRE	PM MUSICAL ENTERTAINMENT	PM TRIP - GARDEN CENTRE	PM MUSICAL ENTERTAINMENT	PM TRIP - WALK IN THE PARK	AM CINEMA CLUB
TOP FLOOR	AM Buki;s Sewing Workshop PM Sing-Along	AM Sing-Along with Judith PM Parachute & Ball Games	AM Trip - Walk in the Park PM Arts & Crafts	AM Balloon Tennis PM Aqua Painting	AM Garden Time PM Musical Entertainment	AM Floor Games PM Sensory Session	AM Muisca! Bubbles PM What's In The Box?
MIDDLE FLOOR	AM Boxercise PM Just Dance Fit	AM Book Club PM Making White Chocolate Retro Sweets	AM Ping Pong Cups PM Memory Game	AM Sing-Along with Judith PM Board Games	AM Songs & Smiles PM Exercise With Rise	AM Bisi & Gospel Choir PM Trip - Walk in the Park	AM Arts & Crafts PM Garden Time
LOWER FLOOR	AM Spanish Pictures - Holiday Chat PM Puzzles	AM Trip - Walk in the Park PM Trip - Walk In The Park	AM Cora's Japanese Pastel Arts PM Musical Entertainment with Santino	AM Arts & Crafts PM Table Games	AM Puzzles PM Memory Games	AM Daily Sparkle PM Musical Afternoon	AM Ping Pong Cups PM Cinema Club - Black & White Movie
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser	Closed	Hairdresser	Closed	Hairdresser	Closed	Closed



28 - 30 SEPTEMBER 2026 | EVENTS & ACTIVITIES

	MONDAY 28TH	TUESDAY 29TH	WEDNESDAY 30TH				
EVENTS HIGHLIGHTS	AM BOXERCISE	AM TRIP - KINGFISHER BOAT	PM MUSICAL ENTERTAINMENT				
TOP FLOOR	AM Flower Crafts PM Cookie Making	AM Sing-Along with Judith PM Magic Table	AM Art of Colouring PM Ball Exercises				
MIDDLE FLOOR	AM Boxercise PM Just Dance	AM Fudge Making PM Choose a Film	AM Seated Exercises PM Trivia Quiz				
LOWER FLOOR	AM Fresh Air in the Garden PM Board Games	AM Favourite Place in the World PM Play your Card Right	AM Creative Mojo Arts & Crafts PM Musical Entetainment with Mark Sedgwick				
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book				
SALON	Hairdresser	Closed	Hairdresser				