



1 - 7 JUNE 2026 | EVENTS & ACTIVITIES

	MONDAY 1ST	TUESDAY 2ND	WEDNESDAY 3RD	THURSDAY 4TH	FRIDAY 5TH	SATURDAY 6TH	SUNDAY 7TH
EVENTS HIGHLIGHTS	AM BOXERCISE	AM TRIP - ELTHAM PALACE PARK	PM MUSICAL ENTERTAINMENT	AM TRIP - GRAVESEND PROMENADE	PM EXERCISE WITH RISE	PM MUSICAL ENTERTAINMENT	AM HYMNS & CHURCH SERVICE
TOP FLOOR	AM Aromatherapy Hand Massage PM Doll Therapy	AM Sing-Along with Judith PM Afternoon Walk	AM Cora's Japanese Pastel Arts PM Water Art	AM Scarf Exercises PM Cheese Afternoon for National Cheese Day	AM Hand & Nail Care PM Recycling Crafts for World Environment Day	AM Trip Down Memory Lane With Music PM Musical Entertainment with Franz Hepburn	AM Morning Walk PM Sun On The Patio Afternoon
MIDDLE FLOOR	AM Boxercise PM Puzzle Afternoon	AM Knit & Natter PM Exotic Fruit Tasting	AM Seated Yoga PM Tell Me Your Wish Wednesday	AM Sing-Along with Judith PM Jewellery Making	AM Songs & Smiles PM Exercise With Rise	AM Bisi & Gospel Choir PM Book Club	AM Church Service PM Cinema Club
LOWER FLOOR	AM Buki's Sewing Club PM Afternoon Walk	AM Finish The Slogan PM Trivia - History	AM Flower Arranging PM Musical Entertainment with Rob Tomsett	AM Dominoes & Scrabble PM Floor Games	AM Name That Tune PM Gardening Club	AM D Day Remembrance PM Drinks In The Garden	AM Finish The Slogan! PM Current Affairs
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser/Nail Care Technician	Closed	Hairdresser	Closed	Hairdresser/Nail Care Technician	Closed	Closed



8 - 14 JUNE 2026 | EVENTS & ACTIVITIES

	MONDAY 8TH	TUESDAY 9TH	WEDNESDAY 10TH	THURSDAY 11TH	FRIDAY 12TH	SATURDAY 13TH	SUNDAY 14TH
EVENTS HIGHLIGHTS	PM COFFEE & CAKES IN THE BISTRO	AM TRIP - WOODLAND FARM TRUST	AM CREATIVE MOJO ARTS & CRAFTS	AM TRIP - GEDDES PLACE	PM MUSICAL ENTERTAINMENT	AM STILL LIFE ART	AM HYMNS & CHURCH SERVICE
TOP FLOOR	AM Colour Me Calm PM Scarf Exercises	AM Sing-Along with Judith PM Hand & Nail Care	AM Baking Club PM Patio Games	AM Reminisicng - Seaside PM Musical Exercises	AM Smoothie Making PM Musical Entertainment with Lerna Castle	AM Doll Therapy PM Fun In The Sun On The Patio	AM Darts PM Morning Walk
MIDDLE FLOOR	AM Boxercise PM Coffee & Cakes - National Best Friends Day	AM Trivia Tuesday PM Archery	AM Seated Yoga PM Tell Me Your Wish Wednesday	AM Sing-Along with Judith PM Word Games	AM Songs & Smiles PM Exercise with Rise	AM Floor Games PM Book Club	AM Church Service PM Art Aternoon
LOWER FLOOR	AM Knit & Natter PM Afternoon Walk	AM Jewellery Making PM Dawson Talks	AM Creative Mojo Arts & Crafts PM Coffee Club	AM TV Trivia Quiz PM Cheese & Wine Tasting	AM Gardening Club PM Daily Sparkle	AM Still Life Art PM Baking Club - Decorating Biscuits	AM Cinema Club PM Hand & Nail Care
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser	Nail Care Technician	Hairdresser	Closed	Hairdresser	Closed	Nail Care Technician



15 - 21 JUNE 2026 | EVENTS & ACTIVITIES

	MONDAY 15TH	TUESDAY 16TH	WEDNESDAY 17TH	THURSDAY 18TH	FRIDAY 19TH	SATURDAY 20TH	SUNDAY 21ST
EVENTS HIGHLIGHTS	JUNE EVENT 2-5PM BISTRO OPEN DAY	AM TRIP - MILLBROOK GARDEN CENTRE	AM CORA'S JAPANESE PASTEL ARTS	JUNE EVENT 2-4PM GARDEN PARTY	PM EXERCISE WITH RISE	PM SMOOTHIE MAKING	AM HYMNS & CHURCH SERVICE
TOP FLOOR	AM Magic Table PM Flower Crafts	AM Sing-Along with Judith PM Marco The Magician	AM Jewellery Making PM Afternoon Walk	AM Sensory Games PM Parachute Games	AM Doll Therapy PM Exotic Fruit Tasting	AM Balloon Fun PM Hand & Nail Care	AM Sounds Of Nature PM Cinema Club
MIDDLE FLOOR	AM Boxercise PM Table Ping-Pong	AM Tuesday Trivia PM Archery	AM Seated Yoga PM World Cup - England Game	AM Sing-Along with Judith PM Hand & Nail Care	AM Songs & Smiles PM Exercise With Rise	AM Book Club PM Smoothie Making	AM Church Service PM Word Games
LOWER FLOOR	AM Buki's Sewing Club PM Reminiscing - Holiday Fun!	AM Movie Trivia PM Current Affairs	AM Cora's Japanese Pastel Arts PM England Game Celebrations	AM Gardening Club PM Garden Party with DJ Manic Mike	AM Baking Club PM Target Games	AM Target Games PM Name That Tune	AM Garden Afternoon Fun PM Hand & Nail Care
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser	Closed	Hairdresser	Nail Care Technician	Hairdresser	Nail Care Technician	Nail Care Technician



22 - 28 JUNE 2026 | EVENTS & ACTIVITIES

	MONDAY 22ND	TUESDAY 23RD	WEDNESDAY 24TH	THURSDAY 25TH	FRIDAY 26TH	SATURDAY 27TH	SUNDAY 28TH
EVENTS HIGHLIGHTS	AM BOXERCISE	AM TRIP - HORNIMAN MUSEUM	AM SEATED YOGA	AM TRIP - DANSON STABLES LUNCH	PM MUSICAL ENTERTAINMENT	AM BISI & GOSPEL CHOIR	AM HYMNS & CHURCH SERVICE
TOP FLOOR	AM Aromatherapy Hand Massage PM Ball Games	AM Sing-Along with Judith PM Happy Tuesday - Make Me Laugh	AM Creative Mojo Arts & Crafts PM Afternoon Walk	AM Magic Table PM Fun On The Terrace	AM Colour Me Calm PM Musical Entertainment with Shaun Murray	AM Doll Therapy PM Target Practice Games	AM Sensory Build & Create PM Patio Bowls
MIDDLE FLOOR	AM Boxercise PM Classic British TV Quiz	AM 20 Questions Tuesday PM Archery	AM Seated Yoga PM Tell Us Your Wish Wednesday	AM Daily Sparkle PM Movie Memories	AM Songs & Smiles PM Exercise With Rise	AM Bisi & Gospel Choir PM Book Club	AM Church Service PM Sunday Smoothies
LOWER FLOOR	AM Memory Games PM Baking Club - Biscuit Decorating	AM Classic British TV Quiz PM Musical Entertainment with Santino	AM Word Games PM Gardening Club	AM Bird Box Painting PM Hand & Nail Care	AM Flower Arranging PM Hand & Nail Care	AM Favourite Memories PM Bingo - National Bingo Day	AM Bowls Competition PM Sunday Afternoon Quiz
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser/Nail Care Technician	Closed	Hairdresser	Nail Care Technician	Hairdresser/Nail Care Technician	Closed	Closed



29 - 30 JUNE 2026 | EVENTS & ACTIVITIES

	MONDAY 29TH	TUESDAY 30TH					
EVENTS HIGHLIGHTS	AM BOXERCISE	AM TRIP - JUBILEE CLUB					
TOP FLOOR	AM Pebble Painting PM Memory Games	AM Sing-Along with Judith PM Fun In The Sun					
MIDDLE FLOOR	AM Boxercise PM Photography - National Camera Day	AM Daily Sparkle PM Archery					
LOWER FLOOR	AM Buki's Sewing Club PM Musical Entetainment with Sweet Harmony	AM Gardening Club PM Still Life Painting					
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book					
SALON	Hairdresser	Closed					