



1 - 2 AUGUST 2026 | EVENTS & ACTIVITIES

						SATURDAY 1ST	SUNDAY 2ND
EVENTS HIGHLIGHTS						AM BISI & GOSPEL CHOIR	AM HYMNS & CHURCH SERVICE
TOP FLOOR						AM Hand Massage PM Music & Sing-Along	AM Sunday Soothing Session PM Reminiscing - Summer's Gone By
MIDDLE FLOOR						AM Bisi & Gospel Choir PM Bingo	AM Church Service PM Board Games & Cards
LOWER FLOOR						AM Walk In The Garden/Park PM Movie Matinee	AM Current Affairs PM Family/Quiet Time
CINEMA						Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON						Closed	Closed



3 - 9 AUGUST 2026 | EVENTS & ACTIVITIES

	MONDAY 3RD	TUESDAY 4TH	WEDNESDAY 5TH	THURSDAY 6TH	FRIDAY 7TH	SATURDAY 8TH	SUNDAY 9TH
EVENTS HIGHLIGHTS	AM STRETCH & MOBILISE TO MUSIC	AM TRIP - BLUEWATER SHOPPING CENTRE	PM MUSICAL ENTERTAINMENT	AM TRIP - HALL PLACE CAFE	PM MUSICAL ENTERTAINMENT	PM BOWLING IN THE GARDEN	AM HYMNS & CHURCH SERVICE
TOP FLOOR	AM Stretch & Mobilise To Music PM Music & Sing-Along	AM Sing-Along with Judith PM Parachute Games	AM Doll Therapy PM Smoothie Making	AM Karaoke PM Bingo	AM Floor Games PM Musical Entertainment - Francesco	AM Music & Memories PM World Kitchen - Taste of Italy	AM Colour Me Calm PM Bingo
MIDDLE FLOOR	AM Still Life Drawing PM Just Dance Fit	AM Wildlife Quiz PM Boxercise	AM Yoga PM Sow & Grow	AM Sing-Along with Judith PM World Kitchen - Taste of Italy	AM Songs & Smiles - Summer Special PM Exercise with Rise	AM Arts & Crafts - Painting Cats PM Movie Matinee	AM Church Service PM Board Games
LOWER FLOOR	AM Card Making PM Drinks On The Patio	AM Newspapers PM Arts & Crafts - Painting Owls	AM Chair Yoga PM Musical Entertainment - Shaun Murray	AM Flower Arranging PM Movie Matinee	AM Flower Arranging PM World Kitchen - Taste of Italy	AM Current Affairs PM Bowling In The Garden	AM Quiz PM Library Time
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser	Closed	Hairdresser	Closed	Hairdresser	Closed	Closed



10 - 16 AUGUST 2026 | EVENTS & ACTIVITIES

	MONDAY 10TH	TUESDAY 11TH	WEDNESDAY 12TH	THURSDAY 13TH	FRIDAY 14TH	SATURDAY 15TH	SUNDAY 16TH
EVENTS HIGHLIGHTS	PM TRIP - LION KING AT THE CINEMA	AM TRIP - DANSON PARK PICNIC	PM MUSICAL ENTERTAINMENT	PM TRIP - WOODLANDS FARM	PM EXERCISE WITH RISE	AM FRESH FRUIT TASTING	AM HYMNS & CHURCH SERVICE
TOP FLOOR	AM Chair Dancing PM Sensory Basket	AM Sing-Along with Judith PM Music & Memories	AM Cora's Japanese Pastel Arts PM Movie Matinee - Dumbo	AM Arts & Crafts PM Sensory Smells	AM Beach Ball PM Musical Entertainment with Annie Riley	AM Fresh Fruit Tasting PM Memory Games	AM Balloon Volleyball PM Smoothie Making
MIDDLE FLOOR	AM Boxercise PM Hand Massage	AM Reminiscing - Summer Holidays PM Dawson Talks	AM Just Dance Fit PM Flower Arranging	AM Sing-Along with Judith PM Board Games	AM Seated Yoga PM Tin Can Alley	AM Bisi & Gospel Choir PM Stetch & Mobility	AM Trip - Walk In The Park PM Current Affairs
LOWER FLOOR	AM Quiz Time PM Trip - Lion King At The Cinema	AM Bingo PM Card Games	AM Current Affairs PM Muscial Entertainment - Gary King	AM Board Games PM Drinks Outside	AM Arts & Crafts - Painting PM Exercise with Rise	AM Wordsearches PM Chair Exercises	AM Newspapers PM Sow & Grow
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser	Closed	Hairdresser	Closed	Hairdresser	Closed	Closed



17 - 23 AUGUST 2026 | EVENTS & ACTIVITIES

	MONDAY 17TH	TUESDAY 18TH	WEDNESDAY 19TH	THURSDAY 20TH	FRIDAY 21ST	SATURDAY 22ND	SUNDAY 23RD
EVENTS HIGHLIGHTS	AM BOXERCISE	AM TRIP - RUXLEY MANOR	AM PHOTOGRAPHY MORNING	PM TRIP - CHRIST CHURCH ERITH	PM MUSICAL ENTERTAINMENT	AUGUST EVENT HAWAIIAN PARTY	AM HYMNS & CHURCH SERVICE
TOP FLOOR	AM Colour Me Calm PM Beach Ball Game	AM Sing-Along with Judith PM Sensory Basket	AM Reminiscing - 70s Disco PM Arts & Crafts	AM Parachute Fun PM Doll Therapy	AM Bubble Therapy PM Musical Entertainment with Franz Hepburn	AM Chair Dancing PM HAWAIIAN PARTY	AM Sensory Music Time PM Story Time
MIDDLE FLOOR	AM Boxercise PM Just Dance Fit	AM Photography Session PM Mini Fajita Tasting	AM Seated Exercises PM Documentary & Chat	AM Sing-Along with Judith PM Flower Arranging	AM Floor Games PM Exercise With Rise	AM Bingo PM HAWAIIAN PARTY	AM Church Service PM Current Affairs
LOWER FLOOR	AM Memory Box PM Friendship Cafe	AM Darts PM Trip - Walk In The Park	AM Photography Morning PM Quiz	AM Seated Exercises PM Musical Entertainment with Santino	AM Puzzles PM Reminiscing Session	AM Quiz PM HAWAIIAN PARTY	AM Coffee Morning PM Word Search
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser	Closed	Hairdresser	Closed	Hairdresser	Closed	Closed



24 - 30 AUGUST 2026 | EVENTS & ACTIVITIES

	MONDAY 24TH	TUESDAY 25TH	WEDNESDAY 26TH	THURSDAY 27TH	FRIDAY 28TH	SATURDAY 29TH	SUNDAY 30TH
EVENTS HIGHLIGHTS	AM BOXERCISE	AM TRIP - JUBILEE CLUB	PM MUSICAL ENTERTAINMENT	AM TRIP - THE BRIDGE SPORTS DAY	PM MUSICAL ENTERTAINMENT	PM SMOOTHIE MAKING	AM HYMNS & CHURCH SERVICE
TOP FLOOR	AM 60's Songs PM Seaside Theme Day	AM Sing-Along with Judith PM Bubble Therapy	AM Dog Colouring In PM Movie Matinee - Lady & The Tramp	AM Chair Exercises PM Balloon Volleyball	AM Ball Games PM Musical Entertainment with Sarah Starkey	AM Chair Dancing PM Doll Therapy	AM Cultural Music PM Paddling Pool Fun On The Patio
MIDDLE FLOOR	AM Boxercise PM Just Dance	AM Sensory Smells PM Friendship Cafe	AM Seated Exercises PM Famous Dog Quiz	AM Sing-Along with Judith PM Arts & Crafts - Painting	AM Music & Memories PM Exercise With Rise	AM Bisi & Gospel Choir PM Movie Matinee	AM Trip - Walk In The Park PM Dominoes
LOWER FLOOR	AM Buki's Sewing Workshop PM Movie Matinee - Summer Holiday	AM Music & Memories PM The Book Nook	AM Cora's Japanese Pastel Arts PM Musical Entetainment with Mark Sedgwick	AM Memory Box PM Trip - Walk In The Park	AM Movie Matinee PM Smoothie Making	AM Current Affairs PM Friendship Cafe	AM Reminiscing Session PM Tea & Tunes
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser	Closed	Hairdresser	Closed	Hairdresser	Closed	Closed



31 AUGUST 2026 | EVENTS & ACTIVITIES

	MONDAY 31ST						
EVENTS HIGHLIGHTS	PM DRINKS OUTSIDE						
TOP FLOOR	AM Seated Exercise PM Music & Sing-Along						
MIDDLE FLOOR	AM Ball Games PM Bingo						
LOWER FLOOR	AM Friendship Cafe PM Drinks Outside						
CINEMA	Resident's Choice - See Film Book						
SALON	Hairdresser						