



# 1 - 4 JANUARY 2026 | EVENTS & ACTIVITIES

				<b>THURSDAY 1ST</b>	<b>FRIDAY 2ND</b>	<b>SATURDAY 3RD</b>	<b>SUNDAY 4TH</b>
<b>EVENTS HIGHLIGHTS</b>				<b>AM</b> <b>SING-ALONG WITH JUDITH</b>	<b>AM</b> <b>TRIP - BXH NEW YEAR SALES</b>	<b>AM</b> <b>BISI &amp; GOSPEL CHOIR</b>	<b>AM</b> <b>HYMNS &amp; CHURCH SERVICE</b>
<b>TOP FLOOR</b>				<b>AM</b> Seated Exercise  <b>PM</b> Movie Magic	<b>AM</b> Target Games  <b>PM</b> Finger Painting	<b>AM</b> Balloon Fun  <b>PM</b> Fruit Tasting	<b>AM</b> Housekeeping Session  <b>PM</b> Karaoke
<b>MIDDLE FLOOR</b>				<b>AM</b> Sing-Along with Judith  <b>PM</b> Arts & Crafts	<b>AM</b> Baking Club  <b>PM</b> What's The Song?	<b>AM</b> Bisi & Gospel Choir  <b>PM</b> Baking Club	<b>AM</b> Church Service  <b>PM</b> Charades
<b>LOWER FLOOR</b>				<b>AM</b> 1-to-1 Session  <b>PM</b> Memory Games	<b>AM</b> Sensory Session  <b>PM</b> Armchair Exercises	<b>AM</b> Hand & Nail Care  <b>PM</b> Board Games	<b>AM</b> Current Affairs  <b>PM</b> Knit & Natter
<b>CINEMA</b>				Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
<b>SALON</b>				Closed	Hairdresser	Nail Care Technician	Closed

WEEK 1



# 5 - 11 JANUARY 2026 | EVENTS & ACTIVITIES

	<b>MONDAY 5TH</b>	<b>TUESDAY 6TH</b>	<b>WEDNESDAY 7TH</b>	<b>THURSDAY 8TH</b>	<b>FRIDAY 9TH</b>	<b>SATURDAY 10TH</b>	<b>SUNDAY 11TH</b>
<b>EVENTS HIGHLIGHTS</b>	<b>AM BOXERCISE</b>	<b>AM TRIP - POLHILL GARDEN CENTRE</b>	<b>PM SHAWN MURRAY</b>	<b>AM TRIP - IMMERSIVE POMPEII EXHIBITION LONDON</b>	<b>PM LET'S DANCE</b>	<b>AM ARTS &amp; CRAFTS - TABLE CENTREPIECE</b>	<b>AM HYMNS &amp; CHURCH SERVICE</b>
<b>TOP FLOOR</b>	<b>AM</b> Hand/Eye Coordination Fun <b>PM</b> Armchair Exercises	<b>AM</b> Sing-Along with Judith <b>PM</b> Make Me Smile	<b>AM</b> Creative Mojo Arts & Crafts <b>PM</b> Shawn Murray	<b>AM</b> Animal Quiz <b>PM</b> Floor Games	<b>AM</b> Magic Table <b>PM</b> Let's Dance	<b>AM</b> Bowling Floor Balls <b>PM</b> What A Pair...of Socks?	<b>AM</b> Mock Cleaning Session <b>PM</b> Fruit Tasting
<b>MIDDLE FLOOR</b>	<b>AM</b> Boxercise <b>PM</b> Bingo	<b>AM</b> Tuesday Trivia <b>PM</b> Archery	<b>AM</b> Reminiscence Session <b>PM</b> Chocolate Creations	<b>AM</b> Sing-Along with Judith <b>PM</b> Look Back In Time - Retro Adverts	<b>AM</b> Songs & Smiles <b>PM</b> Throw & Name	<b>AM</b> Hand & Nail Care <b>PM</b> Alphabet Challenge	<b>AM</b> Church Service <b>PM</b> Aromatherapy Hand Massages
<b>LOWER FLOOR</b>	<b>AM</b> Hand & Nail Care <b>PM</b> Scrabble & Puzzles	<b>AM</b> World Affairs <b>PM</b> Bingo	<b>AM</b> Sensory Session <b>PM</b> Arts & Crafts	<b>AM</b> Knit & Natter <b>PM</b> Musical Entertainment with Santino	<b>AM</b> Baking Club - Sweet Treats <b>PM</b> Santino	<b>AM</b> Arts & Crafts - Table Centrepieces <b>PM</b> Knit & Natter	<b>AM</b> Current Affairs <b>PM</b> Wine & Cheese Afternoon
<b>CINEMA</b>	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
<b>SALON</b>	Hairdresser/Nail Care Technician	Closed	Hairdresser	Closed	Hairdresser	Nail Care Technician	Closed



# 12 - 18 JANUARY 2026 | EVENTS & ACTIVITIES

	MONDAY 12TH	TUESDAY 13TH	WEDNESDAY 14TH	THURSDAY 15TH	FRIDAY 16TH	SATURDAY 17TH	SUNDAY 18TH
EVENTS HIGHLIGHTS	AM BOXERCISE	AM TRIP - TENPIN BOWLING	AM CORA'S JAPANESE PASTEL ARTS	PM TRIP - GEDDES SUPPER CLUB	PM LOU EVERITT	AM BISI & GOSPEL CHOIR	AM HYMNS & CHURCH SERVICE
TOP FLOOR	AM Water Painting  PM Magic Table	AM Sing-Along with Judith  PM Aromatherapy Hand Massages	AM Japanese Pastel Arts  PM Leaf Printing Art Session	AM Favourite Memories  PM Floor Games	AM Sticky Painting Fun  PM Walk Back Through Time with Scents	AM Bowling Floor Balls  PM Making Bird Feeders	AM Church Service  PM Cooking Club - Pizza Making
MIDDLE FLOOR	AM Boxercise  PM Musical Bingo	AM 1-to-1 Sessions  PM Dawson Talks	AM 80's Movie Challenge  PM Alphabet Challenge	AM Sing-Along with Judith  PM Name That Tune	AM Songs & Smiles  PM Jewellery Making	AM Bisi & Gospel Choir  PM Floral Perfume Making	AM Church Service  PM Winding Wool Art
LOWER FLOOR	AM Buki's Sewing Workshop  PM Card Games	AM Current Affairs  PM Photo Reminiscing	AM Flower Arranging  PM What Makes Me Smile?	AM Documentary & Discuss  PM Cocktail Making	AM Sparkle Magazine  PM Lou Everitt	AM Table Games  PM Knit & Natter	AM Church Service  PM Wine & Cheese Afternoon
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser	Closed	Hairdresser	Closed	Hairdresser	Closed	Closed



# 19 - 25 JANUARY 2026 | EVENTS & ACTIVITIES

	<b>MONDAY 19TH</b>	<b>TUESDAY 20TH</b>	<b>WEDNESDAY 21ST</b>	<b>THURSDAY 22ND</b>	<b>FRIDAY 23RD</b>	<b>SATURDAY 24TH</b>	<b>SUNDAY 25TH</b>
<b>EVENTS HIGHLIGHTS</b>	<b>AM BOXERCISE</b>	<b>AM TRIP - HORNIMAN MUSEUM &amp; GARDENS</b>	<b>PM SARAH SHARKEY</b>	<b>AM TRIP - RUXLEY GARDEN CENTRE</b>	<b>PM ANIMAL ENCOUNTERS</b>	<b>PM 1950'S QUIZ</b>	<b>AM HYMNS &amp; CHURCH SERVICE</b>
<b>TOP FLOOR</b>	<b>AM</b> What's In My Bag?  <b>PM</b> Heartfelt Art	<b>AM</b> Sing-Along with Judith  <b>PM</b> Armchair Exercises	<b>AM</b> Creative Mojo Arts & Crafts  <b>PM</b> Sarah Sharkey	<b>AM</b> Hand & Nail Care  <b>PM</b> Floor Games	<b>AM</b> What's In The Box?  <b>PM</b> Scrapbooking	<b>AM</b> Colour Me Calm  <b>PM</b> Target Practice Games	<b>AM</b> Church Service  <b>PM</b> Wine & Cheese Afternoon
<b>MIDDLE FLOOR</b>	<b>AM</b> Boxercise  <b>PM</b> Aromatherapy Hand Massages	<b>AM</b> Target Practice Games  <b>PM</b> Archery	<b>AM</b> Crossword & Word Searches  <b>PM</b> Alphabet Challenge	<b>AM</b> Sing-Along with Judith  <b>PM</b> What An Old Wives Tale!	<b>AM</b> Songs & Smiles  <b>PM</b> Animal Encounters	<b>AM</b> Hand & Nail Care  <b>PM</b> 1950's Quiz	<b>AM</b> Church Service  <b>PM</b> Hand & Nail Care
<b>LOWER FLOOR</b>	<b>AM</b> Hand & Nail Care  <b>PM</b> Scrabble & Dominos	<b>AM</b> Current Affairs  <b>PM</b> Tuesday Trivia	<b>AM</b> Cooking Club - Pizzas  <b>PM</b> To Be, Or Not To Be, That Is The Question	<b>AM</b> The A to Z Of Shopping  <b>PM</b> Bingo	<b>AM</b> Seated Exercise  <b>PM</b> The Glorious Outdoors	<b>AM</b> Winding Wool Art  <b>PM</b> Movie Matinee Afternoon	<b>AM</b> Church Service  <b>PM</b> Throw & Name
<b>CINEMA</b>	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
<b>SALON</b>	Hairdresser/Nail Care Technician	Closed	Hairdresser	Nail Care Technician	Hairdresser	Nail Care Technician	Nail Care Technician



# 26 - 31 JANUARY 2026 | EVENTS & ACTIVITIES

	<b>MONDAY 26TH</b>	<b>TUESDAY 27TH</b>	<b>WEDNESDAY 28TH</b>	<b>THURSDAY 29TH</b>	<b>FRIDAY 30TH</b>	<b>SATURDAY 31ST</b>	
<b>EVENTS HIGHLIGHTS</b>	<b>AM BOXERCISE</b>	<b>AM TRIP - JUBILEE CLUB</b>	<b>PM MUSICAL ENTERTAINMENT WITH GARY KING</b>	<b>AM TRIP - CHRISTMAS TREE FARM</b>	<b>6.00-8.30PM MUSICAL ENTERTAINMENT BY ANDY MACE</b>	<b>PM FRUIT TASTING</b>	
<b>TOP FLOOR</b>	<b>AM</b> Baking Club  <b>PM</b> Hand & Nail Care	<b>AM</b> Music Of Your Choice  <b>PM</b> Sensory Games	<b>AM</b> Cora Pastel Arts  <b>PM</b> Musical Entertainment with Gary King	<b>AM</b> Silly Sensory Fun  <b>PM</b> Let's Dance Sing-Along	<b>AM</b> Balloon Therapy  <b>PM</b> 1-to-1 Sessions	<b>AM</b> Target Practice Games  <b>PM</b> Fruit Tasting	
<b>MIDDLE FLOOR</b>	<b>AM</b> Boxercise  <b>PM</b> Flower Arranging	<b>AM</b> Hand & Nail Care  <b>PM</b> Tuesday Trivia	<b>AM</b> Tongue Twisters  <b>PM</b> Word Searches	<b>AM</b> Sing-Along with Judith  <b>PM</b> Sparkle Magazine	<b>AM</b> Songs & Smiles  <b>PM</b> Guess That Face	<b>AM</b> Dominos & Board Games  <b>PM</b> Karaoke	
<b>LOWER FLOOR</b>	<b>AM</b> Buki's Sewing Workshop  <b>PM</b> Hand & Nail Care	<b>AM</b> World Affairs  <b>PM</b> Knit & Natter	<b>AM</b> Events Around the World  <b>PM</b> Finish The Slogan	<b>AM</b> World Affairs  <b>PM</b> 1-to-1 Sessions	<b>AM</b> Jewellery Making  <b>PM</b> Seated Exercise	<b>AM</b> Current Affairs  <b>PM</b> What's In My Bag? Discussion	
<b>CINEMA</b>	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	
<b>SALON</b>	Hairdresser/Nail Care Technician	Nail Care Technician	Hairdresser	Closed	Hairdresser	Closed	