

1-7 SEPTEMBER 2025 | EVENTS & ACTIVITIES

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|------------|--|--------------------------------|---------------------------|---|---|---|--|
| | 1ST | 2ND | 3RD | 4TH | 5TH | 6TH | 7TH |
| EVENTS | PM | AM | PM | AM TOUR OF TOUR | PM | PM | AM |
| HIGHLIGHTS | EXERCISE TO MUSIC | TRIP - DAY OUT AT THE BEACH | DAWSON TALKS | TRIP - ST JOHN'S SILVER BIRCH SUPPER CLUB | MUSICAL ENTERTAINMENT WITH SANTINO | CHEESE & WINE AFTERNOON IN BAR BISTRO | HYMNS & CHURCH SERVICE |
| ТОР | AM | AM | AM | AM | AM | AM | AM |
| | Magic Table Session | Sing-Along with Judith | Baking Club | Puzzles | Table Top Games | Guess the Face | Hand & Nail Care |
| FLOOR | PM | PM | PM | PM | PM | PM | PM |
| | Exercise to Music | Hand & Nail Care | Balloon Therapy | Daily Sparkle Quiz | Musical Bingo | Magic Table Games | 1-to-1 with Residents |
| MIDDLE | AM Word Searches | AM Card Games | AM Paper Flower Making | AM Sing-Along with Judith | AM Group Discussions - Summer Time | AM Let's Get Moving | AM Church Service |
| FLOOR | PM | PM | PM | PM | PM | PM | PM |
| | Floor Games | Trivia Tuesday | Dawson Talks | Hand & Nail Care | Target Practice Games | Cheese & Wine Afternoon | Daily Sparkle Quiz |
| LOWER | AM | AM | AM | AM | AM | AM | AM |
| | Hand & Nail Care | Board Games | Guess the Sound | Chore Time - Housework | Seated Exercise Class | Solve That Riddle | Out In The Garden |
| FLOOR | PM Interesting Facts - Did You Know? | PM Hymn Session | PM What's On The News | PM Quiz Time | PM Musical Entertainment with Santino | PM Name The Famous Face | PM Word Games on The White Board |
| CINEMA | Resident's Choice | Resident's Choice | Resident's Choice | Resident's Choice | Resident's Choice | Resident's Choice | Resident's Choice |
| | - See Film Book | - See Film Book | - See Film Book | - See Film Book | - See Film Book | - See Film Book | - See Film Book |
| SALON | Hairdresser/Nail Care Technician | Nail Care Technician | Hairdresser | Nail Care Technician | Hairdresser | Nail Care Technician | Nail Care Technician |



8-14 SEPTEMBER 2025 | EVENTS & ACTIVITIES

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----------------------|---------------------------------------|--|--|---|-------------------------------|--|---|
| | 8TH | 9TH | 10TH | 11TH | 12TH | 13TH | 14TH |
| EVENTS HIGHLIGHTS | AM BOXERCISE & BUKI'S SEWING WORKSHOP | 10.00AM-4.00PM TRIP - KINGFISHER BOAT | AM TRIP - THE HISTORIC DOCKYARD - CHATHAM | PM MUSICAL ENTERTAINMENT WITH SARAH STARKEY | PM LET'S GET SINGING | 6.30-8.30PM CLASSICAL NIGHT - BLACK TIE EVENT | ALL DAY/AM RESIDENT BDAY CELEBRATION/ HYMNS & CHURCH SERVICE |
| TOP | AM | AM | AM | AM | AM | AM | AM |
| | Target Practice Games | Sing-Along with Judith | Name That Animal | Gentle Seated Exercise | Magic Table Session | Let's Dance | Colour Time |
| FLOOR | PM Hand & Nail Care | PM Balloon Games | PM Music Session | PM Musical Entertainment with Sarah Starkey | PM 1-to-1 with Residents | PM Sports Games | PM Karaoke |
| MIDDLE | AM | AM | AM | AM | AM | AM | AM |
| | Boxercise | Card Games | Boules | Sing-Along with Judith | Games on the White Board | Floor Games | Church Service |
| FLOOR | PM 1-to-1 with Residents | PM Trivia Tuesday | PM Arts & Crafts | PM Hand & Nail Care | PM Sparkle Magazine | PM Local Walks | PM Group Discussion - Reminiscence Time |
| LOWER | AM | AM | AM | AM | AM | AM | AM |
| | Buki's Sewing Workshop | Reminiscence Session | Exercise Class | Wordsearches & Sudoku | Target Practice Games | Hand & Nail Care | The Week Ahead |
| FLOOR | PM | PM | PM | PM | PM | PM | PM |
| | Karaoke | Bingo | Clay Moudling | Garden Chores | Let's Get Singing | Book Club | 1-to-1 with Residents |
| CINEMA | Resident's Choice | Resident's Choice | Resident's Choice | Resident's Choice | Resident's Choice | Resident's Choice | Resident's Choice |
| | - See Film Book | - See Film Book | - See Film Book | - See Film Book | - See Film Book | - See Film Book | - See Film Book |
| SALON | Hairdresser/Nail Care Technician | Closed | Hairdresser | Nail Care Technician | Hairdresser | Nail Care Technician | Closed |



15-21 SEPTEMBER 2025 | EVENTS & ACTIVITIES

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----------------------|--|------------------------------------|---|---|-------------------------------------|---|--|
| | 15TH | 16TH | 17TH | 18TH | 19TH | 20TH | 21ST |
| EVENTS HIGHLIGHTS | AM TRIP - SPITFIRE & HURRICANE MUSEUM | PM AMAZING ANIMAL ENCOUNTERS | ALL DAY/PM RESIDENT'S BDAY / MUSICAL ENTERTAINMENT | 10.45AM-12.15PM TRIP - MEMORY LANE MELODIES | PM DOCUMENTARY & DISCUSSION | PM MUSICAL ENTERTAINMENT WITH FRANZ HEPBURN | ALL DAY/2.30-3.30PM WEAR PURPLE / RESIDENT & RELATIVE MEETING |
| TOP | AM | AM | AM | AM | AM | AM | AM |
| | Painting Session | Sing-Along with Judith | Animal Bingo | Hand & Nail Care | Memory Games | Morning Sing-Along | Comedy Session |
| FLOOR | PM Reading Session | PM Magic Table | PM Sensory Sparkle TV | PM Balloon Games | PM Guess That Sound | PM Musical Entertainment with Franz Hepburn | PM Dot-to-Dot |
| MIDDLE | AM Boxercise | AM Hand & Nail Care | AM What Am I Describing? | AM Sing-Along with Judith | AM Maths Time | AM Morning Hymns | AM Church Service |
| FLOOR | PM Bingo | PM Amazing Animal Encounters | PM Making Dreamcatchers with Wool | PM Trivia Thursday | PM Documentary & Discussion | PM 1-to-1 with Residents | PM Card Games |
| LOWER | AM | AM | AM | AM | AM | AM | AM |
| | Solve That Riddle | What's On In The News | Knit & Natter | Gentle Seated Exercise | Hand & Nail Care | Daily Sparkle | Arts & Crafts |
| FLOOR | PM | PM | PM | PM | PM | PM | PM |
| | Gardening Club | Cooking Club | Chocolate Creations | Afternoon Tea & Chat | Bingo | Karaoke | The Week Ahead |
| CINEMA | Resident's Choice | Resident's Choice | Resident's Choice | Resident's Choice | Resident's Choice | Resident's Choice | Resident's Choice |
| | - See Film Book | - See Film Book | - See Film Book | - See Film Book | - See Film Book | - See Film Book | - See Film Book |
| SALON | Hairdresser | Nail Care Technician | Hairdresser | Nail Care Technician | Hairdresser/Nail Care Technician | Closed | Closed |



22-28 SEPTEMBER 2025 | EVENTS & ACTIVITIES

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----------------------|---------------------------------------|-----------------------------------|--------------------------------|--------------------------------------|--|-------------------------------|---------------------------------------|
| | 22ND | 23RD | 24TH | 25TH | 26TH | 27TH | 28TH |
| EVENTS HIGHLIGHTS | AM BOXERCISE & BUKI'S SEWING WORKSHOP | AM TRIP - ROYAL ENGINEER MUSEUM | PM MUSICAL ENTERTAINMENT | AM TRIP - SUPPER CLUB - GEDDES PLACE | PM MUSICAL ENTERTAINMENT WITH BARNFIRE | AM BISI & GOSPEL CHOIR | AM HYMNS & CHURCH SERVICE |
| TOP | AM | AM | AM | AM | AM | AM | AM |
| | Daily Sparkle | Sing-Along with Judith | Japanese Pastel Arts | Hand & Nail Care | Magic Table Session | Animal Bingo | Puzzle Session |
| FLOOR | PM | PM | PM | PM | PM | PM | PM |
| | Floor Games | Dot-to-Dot | Cooking Club | Balloon Games | Let's Dance | Let's Dance to Music | What's In The Box? |
| MIDDLE | AM | AM | AM | AM | AM | AM | AM |
| | Boxercise | Hand & Nail Care | Reminiscence Session | Sing-Along with Judith | Guess The Sound | Card Games | Church Service |
| FLOOR | PM | PM | PM | PM | PM | PM | PM |
| | Alphabet Challenge | Tuesday Trivia | Bingo | Sparkle Magazine Quiz | Games in the Garden | Baking Club | Gentle Exercise to Music |
| LOWER | AM Buki's Sewing Workshop | AM Arts & Crafts | AM Knit & Natter | AM Word Games | AM Chair Yoga | AM Book Club | AM Let's Discuss the Week Ahead |
| FLOOR | PM Karaoke | PM Let's Prep for Dinner | PM Seated Exercise Class | PM What's On In The News | PM Musical Entertainment with Barnfire | PM Afternoon in the Garden | PM When I Was Young |
| CINEMA | Resident's Choice | Resident's Choice | Resident's Choice | Resident's Choice | Resident's Choice | Resident's Choice | Resident's Choice |
| | - See Film Book | - See Film Book | - See Film Book | - See Film Book | - See Film Book | - See Film Book | - See Film Book |
| SALON | Hairdresser | Nail Care Technician | Hairdresser | Nail Care Technician | Hairdresser | Closed | Closed |

OP

29-30 SEPTEMBER 2025 | EVENTS & ACTIVITIES

| | MONDAY 29TH | TUESDAY 30TH | | | |
|----------------------|--|--|--|--|--|
| EVENTS HIGHLIGHTS | ALL DAY/AM RESIDENT BDAY CELEBRATIONS / BOXERCISE | AM/2,30-3,30PM TRIP - JUBILEE CLUB / RESIDENT GATHERING IN BISTRO | | | |
| TOP | AM Floor Games | AM Sing-Along with Judith | | | |
| FLOOR | PM 1-to-1 with Residents | PM Let's Get Moving | | | |
| MIDDLE | AM Boxercise | AM What's On In The News | | | |
| FLOOR | PM Hand & Nail Care | PM Cooking Club | | | |
| LOWER | AM Maths Riddle | AM Name That Face | | | |
| FLOOR | PM Out In The Garden | PM 1-to-1 with Residents | | | |
| CINEMA | Resident's Choice - See Film Book | Resident's Choice - See Film Book | | | |
| SALON | Hairdresser/Nail Care Technician | Closed | | | |