



1 - 2 MARCH 2025 | EVENTS & ACTIVITIES

						SATURDAY 1ST	SUNDAY 2ND
EVENTS HIGHLIGHTS						AM BISI GOSPEL CHOIR	AM HYMNS & CHURCH SERVICE
TOP FLOOR						AM Morning Sing-Along PM Balloon Therapy	AM Puzzles PM Reminiscence Session
MIDDLE FLOOR						AM Bisi & Gospel Choir PM Hand & Nail Care	AM Church Service PM Musical Quiz
LOWER FLOOR						AM Scrabble Competition PM Gentle Seated Exercise	AM Hand & Nail Care PM Puzzles/Jigsaws
CINEMA						Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON						Nail Care Technician	Nail Care Technician

WEEK 1



3 - 9 MARCH 2025 | EVENTS & ACTIVITIES

	MONDAY 3RD	TUESDAY 4TH	WEDNESDAY 5TH	THURSDAY 6TH	FRIDAY 7TH	SATURDAY 8TH	SUNDAY 9TH
EVENTS HIGHLIGHTS	PM MUSICAL ENTERTAINMENT WITH GARY KING	ALL DAY/PM PANCAKE DAY/TRIP - GEDDES PLACE	PM NIGEL DAWSON TALKS	PM MUSICAL ENTERTAINMENT WITH HOLLY LOVELOCK	ALL DAY TRIP - MUSEUM	PM WINE & CHEESE AFTERNOON	AM HYMNS & CHURCH SERVICE
TOP FLOOR	AM Buki's Sewing Workshop PM Hand & Nail Care	AM Sing-Along with Judith PM Arts & Crafts - Painting	AM Arts & Crafts PM Bingo	AM Alphabet Challenge - Animals PM Target Practice Games	AM Magic Table Session PM Karaoke Session	AM Memory Games - Flash Cards PM What's in the Box - Touch & Feel	AM Chair Yoga - Breathing Exercises PM This is My Life
MIDDLE FLOOR	AM Boxercise with Mark PM Bingo	AM Arts & Crafts PM Trivia Tuesday	AM Baking Club in the Dining Room PM Nigel Dawson Talk	AM Sing-Along with Judith PM Gentle Seated Exercise	AM Interactive Games on TV PM Musical Quiz	AM Unravel the Riddle PM Cheese & Wine Afternoon with Music of Choice	AM Church Service PM Word Games on the White Board
LOWER FLOOR	AM Table Top Games in the Lounge PM Musical Entertainment with Gary King	AM Word Puzzles PM What's on in the News	AM Noughts & Crosses PM 1-to-1 with Residents	AM Hand & Nail Care PM Musical Entertainment with Holly Lovelock	AM Baking Club - Cookies PM Hand & Nail Care	AM Arts & Crafts - Building PM Bingo	AM 1-to-1 with Residents PM Exotic Fruit Tasting with Mocktails
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser	Closed	Hairdresser	Nail Care Technician	Hairdresser/Nail Care Technician	Closed	Closed



10 - 16 MARCH 2025 | EVENTS & ACTIVITIES

	MONDAY 10TH	TUESDAY 11TH	WEDNESDAY 12TH	THURSDAY 13TH	FRIDAY 14TH	SATURDAY 15TH	SUNDAY 16TH
EVENTS HIGHLIGHTS	ALL DAY TRIP - BEXLEYHEATH SHOPPING CENTRE	PM MUSICAL ENTERTAINMENT WITH FRANZ HEPBURN	AM ARTS & CRAFTS - JAPANESE PASTEL ARTS	PM TRIP - EATING OUT FOR LUNCH	PM MUSICAL ENTERTAINMENT WITH SANTINO	AM BISI GOSPEL CHOIR	AM/PM HYMNS/CHURCH SERVICE/RESIDENT BDAY CELEBRATION
TOP FLOOR	AM Boxercise with Mark PM Quiz Time on the TV	AM Sing-Along with Judith PM Arts & Crafts - St Patrick's Day	AM Japanese Pastel Arts Session PM Baking Club - Fairy Cakes	AM Arts & Crafts PM Hand & Nail Care	AM How Old Were You When? PM Musical Entertainment with Santino	AM Arts & Crafts - Pom Pom Creations PM Magic Table Games	AM Musical Bingo PM Target Games & Darts
MIDDLE FLOOR	AM Target Practice Games PM Boules in the Lounge	AM What's on in the News PM Tuesday Trivia	AM Target Games & Darts PM Bingo	AM What's on in the News PM Scrabble Photoframe Word	AM Gentle Seated Exercise PM Arts & Crafts - St Patrick's Day	AM Bisi's Gospel Choir PM Hand & Nail Care	AM Church Service PM Cheese & Wine Afternoon with Quiz
LOWER FLOOR	AM Reading from Sparkle Magazine PM Decades Quiz	AM Poetry Reading Session PM Musical Entertainment with Franz Hepburn	AM Knit & Natter Session PM Card Games	AM Sing-Along with Judith PM Gentle Seated Exercise	AM Gardening Club - Seed Planting PM Gardening Club - Seed Planting	AM Flower Arranging PM Cross Stitch	AM Church Service PM Card Games - Higher or Lower
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser	Closed	Hairdresser	Nail Care Technician	Hairdresser	Nail Care Technician	Closed



17 - 23 MARCH 2025 | EVENTS & ACTIVITIES

	MONDAY 17TH	TUESDAY 18TH	WEDNESDAY 19TH	THURSDAY 20TH	FRIDAY 21ST	SATURDAY 22ND	SUNDAY 23RD
EVENTS HIGHLIGHTS	PM ST. PATRICK'S DAY CELEBRATIONS	ALL DAY TRIP - HALL PLACE BUTTERFLIES/OWLS	ALL DAY TRIP - GARDEN CENTRE & TOBY CARVERY	PM MUSICAL ENTERTAINMENT WITH ANNIE RILEY	PM RESIDENT'S MEETING MIDDLE FLOOR LOUNGE	PM CHEESE & WINE TASTING SESSION	AM HYMNS & CHURCH SERVICE
TOP FLOOR	AM Sensory Session - Smells PM Hand & Nail Care	AM Sing-Along with Judith PM Tuesday Trivia	AM Arts & Crafts PM Musical Entertainment with Scott/Elvis	AM Reading from Sparkle Magazine PM Boules	AM Reminiscence Session PM Doll Therapy	AM Interactive Games on the TV PM Cheese & Wine Tasting Session	AM Hand & Nail Care PM Magic Table Session
MIDDLE FLOOR	AM Boxercise with Mark with Irish Theme PM Music Quiz	AM Hand & Nail Care PM Tuesday Trivia	AM Bingo PM Card Games	AM Sing-Along with Judith PM Hand & Nail Care	AM Movement to Music PM Resident's Meeting	AM Unravel the Riddles PM 1-to-1 with Residents	AM Church Service PM Wheel of Fortune
LOWER FLOOR	AM St. Patrick's Day Word Games PM Sparkle Magazine - Quiz on TV	AM Name That Song PM Puzzles	AM Let's Get to Know You - Friendly Group Chat PM Cooking Club - Pizza Making	AM Wordsearches & Dot to Dot PM Musical Entertainment with Annie Riley	AM What's On In The News - Group Discussion PM Card Games	AM Hand & Nail Care PM What's That Song?	AM Church Service PM Bingo
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser/Nail Care Technician	Closed	Hairdresser	Nail Care Technician	Hairdresser	Nail Care Technician	Nail Care Technician



24 - 30 MARCH 2025 | EVENTS & ACTIVITIES

	MONDAY 24TH	TUESDAY 25TH	WEDNESDAY 26TH	THURSDAY 27TH	FRIDAY 28TH	SATURDAY 29TH	SUNDAY 30TH
EVENTS HIGHLIGHTS	PM MUSICAL ENTERTAINMENT WITH SARAH STARKEY	ALL DAY TRIP - JUBILEE CLUB	PM MUSICAL ENTERTAINMENT WITH GARY KING	ALL DAY TRIP - BLUEWATER SHOPPING CENTRE		PM MUSICAL ENTERTAINMENT WITH PETE GEORGE	11AM-1PM MOTHER'S DAY AFTERNOON TEA IN THE BISTRO
TOP FLOOR	AM Sensory Daily Sparkle Session PM Arts & Crafts	AM Sing-Along with Judith PM Bingo	AM Japanese Pastel Arts Session PM Musical Entertainment with Gary King	AM Baking Club PM Magic Table Session	AM Balloon Therapy PM Musical Dress Up	AM Magic Table Session PM Interactive Games on the TV	AM Mother's Day Celebrations PM Target Practice Games
MIDDLE FLOOR	AM Target Practice Games PM Arts & Crafts	AM Sparkle Magazine - Group Discussion/Quizzes PM Tuesday Trivia	AM Paper Aeroplane Competition PM Parachute Games	AM Sing-Along with Judith/Church Service PM Arts & Crafts - Flower Making	AM Gentle Seated Exercise PM Skittles in the Lounge	AM Bisi's Gospel Choir PM Hand & Nail Care	AM Games on the White Board PM Mother's Day Word Game Challenge
LOWER FLOOR	AM Poetry Reading PM Musical Entertainment with Sarah Starkey	AM Bowling PM What's Your Best Joke?	AM Board Games & Interactive Games on TV PM Midweek Hymn Sing-Along	AM Hand & Nail Care PM Musical Quiz	AM Gentle Seated Exercise PM Musical Sing-Along - What's Your Favourite?	AM What's on in the News PM Fruit & Mocktail Afternoon	AM Mother's Day Celebrations PM Resident's Feedback & Discussion About the Week
CINEMA	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book	Resident's Choice - See Film Book
SALON	Hairdresser	Closed	Hairdresser	Nail Care Technician	Hairdresser	Nail Care Technician	Closed



31 MARCH 2025 | EVENTS & ACTIVITIES

	MONDAY 31ST						
EVENTS HIGHLIGHTS	PM ENTERTAINMENT WITH MARCO THE MAGICIAN						
TOP FLOOR	AM Comedy Joke Session PM Sparkle Magazine Reading Session						
MIDDLE FLOOR	AM Boxercise with Mark PM Entertainment with Marco the Magician						
LOWER FLOOR	AM What's on in the News PM Card Games - Play Your Cards Right						
CINEMA	Resident's Choice - See Film Book						
SALON	Hairdresser						