



1 - 6 OCTOBER 2024 | EVENTS & ACTIVITIES

		TUESDAY 1ST	WEDNESDAY 2ND	THURSDAY 3RD	FRIDAY 4TH	SATURDAY 5TH	SUNDAY 6TH
EVENTS HIGHLIGHTS		ALL DAY INTERNATIONAL MUSIC DAY	3.00PM JAPANESE PASTEL ART WORKSHOP	ALL DAY TRIP - THE BRIDGE - MUSIC / LUNCH	ALL DAY RESIDENT BIRTHDAY BAR/BISTRO OPENING	PM RESIDENT COMMITTEE MEETING	AM HYMNS/CHURCH SERVICE
TOP FLOOR		AM Sing-Along with Judith PM Resident's Music Choice	AM Japanese Pastel Art PM Jigsaw & Puzzles	AM Flash Cards PM Stone Painting	AM Watercolour Painting PM Dinner Preparation - Afternoon in the Kitchen	AM Picture Bingo PM Biscuit Decorating	AM Magic Table Session PM Group Word Association
MIDDLE FLOOR		AM Sing-Along with Judith PM Music Quiz	AM Gentle Exercise to Music PM Wreath Making	AM Sing-Along with Judith PM What's in the Bag/Box	AM True or False PM Alphabet Challenge	AM 1-to-1 Room Visits PM Resident Committee Meeting	AM Church Service PM Musical Accessories
LOWER FLOOR		AM Sing-Along with Judith PM Music Wordsearches	AM Knitting & Sewing PM Bingo	AM Sing-Along with Judith - on Middle Floor PM Arts & Crafts	AM Cookie Making PM Scrabble Competition	AM Let's Talk About You PM Group Reading Session	AM Nursery Rhyme Quiz PM Armchair Travel - Australia
CINEMA		Grease - Musical for International Music Day	Film of Choice	Film of Choice	Film of Choice	Film of Choice	Film of Choice
SALON		Nail Care Technician	Hairdresser	Nail Care Technician	Hairdresser		



7 - 13 OCTOBER 2024 | EVENTS & ACTIVITIES

	MONDAY 7TH	TUESDAY 8TH	WEDNESDAY 9TH	THURSDAY 10TH	FRIDAY 11TH	SATURDAY 12TH	SUNDAY 13TH
EVENTS HIGHLIGHTS	PM MUSICAL ENTERTAINMENT	ALL DAY TRIP - BEXLEYHEATH LIBRARY	ALL DAY CREATIVE MOJO ARTS & CRAFTS	ALL DAY SING-ALONG WITH JUDITH	ALL DAY TRIP - CHRISTMAS TREE FARM	AM BISI'S GOSPEL CHOIR SING-ALONG	AM HYMNS/CHURCH SERVICE
TOP FLOOR	AM Baking Morning PM Musical Entertainment with Gary King	AM Sing-Along with Judith PM Musical Entertainment with Holly Lovelock	AM Arts & Crafts PM Chocolate Quiz	AM What's in the Bag/Box PM Musical Accessories	AM Chocolate Lolly Pop Making PM Sensory Game - Dough	AM Watercolour Painting PM Animal Bingo	AM What's in the Picture? PM Quiet Moments in the Cinema - Calming
MIDDLE FLOOR	AM Dough Making with Essential Oils PM Skittles Competition	AM Sing-Along with Judith PM Baking Afternoon	AM 1-to-1 Room Visits PM Interesting Facts about Residents	AM Sing-Along with Judith PM Bingo	AM Board Games PM Flower Arranging	AM Bisi & Gospel Choir PM Learn a Dance Routine to Music	AM Church Service PM Sensory Session - Dough
LOWER FLOOR	AM Buki's Sewing Workshop PM Guess the Sound	AM Sing-Along with Judith PM Potting Flowers & Painting Pots	AM Target Practice Games PM Jigsaw & Puzzles	AM Sing-Along with Judith PM Baking Afternoon	AM Mosaic Creating PM Chair Yoga	AM Clay Making PM Hand Care & Massages	AM Discussion about Hobbies PM Arts & Crafts - Card Making
CINEMA	Film of Choice	Film of Choice	Film of Choice	Film of Choice	Film of Choice	Film of Choice	PM - Sensory Calming Session
SALON	Hairdresser	Nail Care Technician	Hairdresser	Nail Care Technician	Hairdresser		



14 - 20 OCTOBER 2024 | EVENTS & ACTIVITIES

	MONDAY 14TH	TUESDAY 15TH	WEDNESDAY 16TH	THURSDAY 17TH	FRIDAY 18TH	SATURDAY 19TH	SUNDAY 20TH
EVENTS HIGHLIGHTS	PM MUSICAL ENTERTAINMENT	ALL DAY RESIDENT BIRTHDAY/ JAPANESE PASTELS	3.00PM MUSICAL ENTERTAINMENT	ALL DAY TRIP - LOCAL COMMUNITY CENTRE		ALL DAY RESIDENT BIRTHDAY	AM HYMNS/CHURCH SERVICE
TOP FLOOR	AM Boxercise PM Musical Entertainment with Gary King	AM Sing-Along with Judith PM Arts & Crafts	AM Japanese Pastel Arts PM Musical Entertainment with Emelia & her Ukulele	AM Sensory Session - Lights PM Sand Creations	AM Scrapbooking PM 1-to-1 Room Visits	AM Poetry Reading PM Paint by Numbers	AM Jigsaw & Puzzles PM Movement to Music
MIDDLE FLOOR	AM Alphabet Challenge PM What's Your Favourite...?	AM Sing-Along with Judith PM Quiz Time	AM Seated Exercise PM Bean Bag Making - Cutting & Sewing	AM Sing-Along with Judith PM Dawson Talks	AM Dominos PM Group Hangman	AM Foreign Language Session PM Cheese & Wine Tasting	AM Church Service PM Playlist Creation
LOWER FLOOR	AM Buki's Sewing Workshop PM Dinner Preparation - Afternoon in the Kitchen	AM Sing-Along with Judith PM Jigsaw & Puzzles	AM Alphabet Challenge PM Comedy Joke Session	AM Sing-Along with Judith PM Knitting & Sewing Session	AM Clay Figure Moulding PM Name that Tune - 60's & 70's	AM Group Word Games PM Target Practice - Beanbag Throwing	AM Church Service - Join Middle Floor PM Board Game Afternoon
CINEMA	Film of Choice	Film of Choice	Film of Choice	Film of Choice	Film of Choice	Film of Choice	Film of Choice
SALON	Hairdresser	Nail Care Technician	Hairdresser	Nail Care Technician	Hairdresser		



21 - 27 OCTOBER 2024 | EVENTS & ACTIVITIES

	MONDAY 21ST	TUESDAY 22ND	WEDNESDAY 23RD	THURSDAY 24TH	FRIDAY 25TH	SATURDAY 26TH	SUNDAY 27TH
EVENTS HIGHLIGHTS		PM MUSICAL ENTERTAINMENT	AM BAKERY MORNING		PM MARIA'S MOBILE ZOO	AM BISI'S GOSPEL CHOIR SING-ALONG	AM HYMNS/CHURCH SERVICE
TOP FLOOR	AM Nurse Children Visit PM Watercolour Painting	AM Sing-Along with Judith PM Wii Fitness & Games	AM Arts & Crafts PM Dinner Preparation - Afternoon in the Kitchen	AM Target Practice - Beanbag Toss PM Magic Table Games	AM Bingo PM Balloon Therapy	AM Suncatchers PM Card Games - Snap & Pairs	AM Church Service on Middle Floor PM Sensory Session - Smell - What's In The Bag
MIDDLE FLOOR	AM Create & Build Workshop PM Baking Afternoon	AM Sing-Along with Judith PM Painting Session	AM What's On In The News PM Scrabble Photo Frame Word	AM Sing-Along with Judith PM Name That Song	AM 1-to-1 Room Visits PM Maria's Mobile Zoo	AM Bisi & Gospel Choir PM Quiz Time	AM Church Service PM Wood Puzzle Making
LOWER FLOOR	AM Dreamcatcher Making PM Knitting & Sewing Workshop	AM Word Puzzles PM Musical Entertainment by Santino	AM 1-to-1 Noughts & Crosses PM Poetry Reading	AM Sing-Along with Judith PM Musical Accessories	AM Crosswords PM Hand Care & Hand Massages	AM Arts & Crafts - Card Making PM Board Game Afternoon	AM Cinema Streaming of Church Service PM Whiteboard Word Games
CINEMA	Film of Choice	Film of Choice	Film of Choice	Film of Choice	Film of Choice	Film of Choice	Film of Choice
SALON	Hairdresser	Nail Care Technician	Hairdresser	Nail Care Technician	Hairdresser		



28 - 31 OCTOBER 2024 | EVENTS & ACTIVITIES

	MONDAY 28TH	TUESDAY 29TH	WEDNESDAY 30TH	THURSDAY 31ST			
EVENTS HIGHLIGHTS	PM/ALL DAY MUSICAL ENTERTAINMENT & RESIDENT BIRTHDAY	ALL DAY TRIP - JUBILEE DIAMOND CLUB	PM HALLOWEEN ARTS & CRAFTS	6PM HALLOWEEN PARTY - MUSIC/NURSERY VISIT			
TOP FLOOR	AM Arts & Crafts - Halloween PM Musical Entertainment with Sarah Starkey	AM Sing-Along with Judith PM Colouring Session	AM Exercise to Music PM Magic Table Session	AM Arts & Crafts - Painting PM Group Word Association Game			
MIDDLE FLOOR	AM What Am I Describing? PM Bingo	AM Sing-Along with Judith PM Arts & Crafts - Halloween	AM Target Practice - Ring Toss PM Group Boogie	AM Sing-Along with Judith PM Halloween Nursery Visit			
LOWER FLOOR	AM 1-to-1 Gentle Exercise & Walking PM Wine & Cheese Tasting	AM Sing-Along with Judith PM Scrapbooking	AM Arts & Crafts - Halloween PM Skittles	AM Sing-Along with Judith PM 1-to-1 Room Visits			
CINEMA	Film of Choice	Film of Choice	Film of Choice	Film of Choice			
SALON	Hairdresser	Nail Care Technician	Hairdresser	Nail Care Technician			