



1 - 3 NOVEMBER 2024 | EVENTS & ACTIVITIES

					FRIDAY 1ST	SATURDAY 2ND	SUNDAY 3RD
EVENTS HIGHLIGHTS					3PM MUSICAL ENTERTAINMENT WITH DAISY	ALL DAY 1-TO-1 WALKS IN THE LOCAL PARK	AM HYMNS/CHURCH SERVICE
TOP FLOOR					AM Balloon Therapy PM Hosting Daisy	AM Watercolour Painting PM Table Top Sports Games	AM Hand & Nail Care PM Comedy - Joke Session
MIDDLE FLOOR					AM Quiz Time PM Bingo	AM What's Going on in the World Today? PM Cheese & Wine Afternoon	AM Arts & Crafts Session PM Word Games on the White Board
LOWER FLOOR					AM Scrabble Competition PM Board Game Afternoon	AM Hand & Nail Care PM Puzzles & Jigsaws	AM Armchair Travel - Germany PM Magic Table
CINEMA					Film of Choice from 1950's	Modern Film	Romantic Film
SALON					Hairdresser		

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4 - 10 NOVEMBER 2024 | EVENTS & ACTIVITIES

	MONDAY 4TH	TUESDAY 5TH	WEDNESDAY 6TH	THURSDAY 7TH	FRIDAY 8TH	SATURDAY 9TH	SUNDAY 10TH
EVENTS HIGHLIGHTS	10.30AM BOXERCISE WITH MARK	ALL DAY TRIP - RUXLEY GARDEN CENTRE	3.00PM MARCO THE MAGICIAN	ALL DAY TRIP - UNITED REFORMED CHURCH & LUNCH	2.30PM MANAGER'S COFFEE WITH RESIDENTS	3.00PM MUSICAL ENTERTAINMENT WITH ANDY MACE	AM REMEMBRANCE SUNDAY CHURCH SERVICE
TOP FLOOR	AM Animal Bingo PM Play by Colour	AM Sing-Along with Judith PM Hand & Nail Care	AM Arts & Crafts PM What's in the Bag?	AM Fidget Games PM Card Games	AM Arts & Crafts PM Pizza Making	AM Baking Morning PM Musical Entertainment with Andy Mace	AM Armchair Travel - Italy PM Paint by Numbers
MIDDLE FLOOR	AM Boxercise with Mark PM Hand & Nail Care	AM Sing-Along with Judith PM Trivia Tuesday	AM Arts & Crafts Session - Poppy PM True or False	AM Sing-Along with Judith PM Hand & Nail Care	AM Target Practice Games PM Higher or Lower	AM Bisi & Gospel Choir PM Quizzes	AM Church Service PM Resident Committee Meeting
LOWER FLOOR	AM Buki's Sewing Workshop PM How Old Were You When...?	AM Hand & Nail Care PM Baking Afternoon	AM Group Session - Word Association PM Afternoon in the Kitchen - Meal Preparation	AM Sing-Along with Judith PM Musical Bingo	AM Practice Your Maths PM Reminiscing Session	AM Beanbag Games PM Poetry/Reading Out Loud	AM Card Games in the Lounge PM Cocktail/Mocktail Making & Cheese Boards
CINEMA	Film of Choice from 1960's	Grease	Casablanca	Film of Choice from 1980's	Pillow Talk - Doris Day	The Wizard of Oz	Comedy Stand Up
SALON	Hairdresser	Nail Care Technician	Hairdresser	Nail Care Technician	Hairdresser		



11-17 NOVEMBER 2024 | EVENTS & ACTIVITIES

	MONDAY 11TH	TUESDAY 12TH	WEDNESDAY 13TH	THURSDAY 14TH	FRIDAY 15TH	SATURDAY 16TH	SUNDAY 17TH
EVENTS HIGHLIGHTS	3.00PM MUSICAL ENTERTAINMENT WITH EMELIA & UKULELE	ALL DAY TRIP - CRAYFORD DOGS	3.00PM MUSICAL ENTERTAINMENT WITH KEELY	3.00PM NIGEL DAWSON TALKS	ALL DAY CHILDREN IN NEED ONLINE COMPETITION	ALL DAY TRIP - BEXLEYHEATH LIBRARY & MET POLICE MUSEUM	AM HYMNS/CHURCH SERVICE
TOP FLOOR	AM Reminiscing Session PM Paper Mache Session	AM Sing-Along with Judith PM Hand & Nail Care	AM Japanese Pastel Arts PM Fancy Dress Musical Games	AM Magic Table PM Ball Games	AM What Am I? PM Scrapbooking	AM Doll Therapy PM Making Music with Musical Instruments	AM Arts & Crafts PM The Letter Game
MIDDLE FLOOR	AM Boxercise with Mark PM Daily Sparkle Session	AM Sing-Along with Judith PM Trivia Tuesday	AM Alphabet Challenge PM Seated Exercise Class	AM Sing-Along with Judith PM Hand & Nail Care	AM Paper Flower Making PM Reminiscing Session	AM Unravel the Riddle PM 1-to-1 Room Visits	AM Church Service PM Wheel of Fortune
LOWER FLOOR	AM Scattergories PM Musical Entertainment with Emelia & her Ukulele	AM Uno PM 1-to-1 Resident Time	AM Bingo PM Snakes & Ladders & Other Board Games	AM Sing-Along with Judith PM Quiz Afternoon	AM Magic Table in the Cinema PM Word Searches & Sudoku	AM Reading from Sparkle Magazine PM Baking Afternoon	AM Gentle Seated Exercise PM 1-to-1 Getting to Know You!
CINEMA	The Godfather	My Fair Lady	The Good, The Bad and The Ugly	Comedy Session	Monty Python and The Holy Grail	Alien	Star Wars
SALON	Hairdresser	Nail Care Technician	Hairdresser	Nail Care Technician	Hairdresser		



18 - 24 NOVEMBER 2024 | EVENTS & ACTIVITIES

	MONDAY 18TH	TUESDAY 19TH	WEDNESDAY 20TH	THURSDAY 21ST	FRIDAY 22ND	SATURDAY 23RD	SUNDAY 24TH
EVENTS HIGHLIGHTS	3.00PM MUSICAL ENTERTAINMENT WITH ANNIE RILEY	ALL DAY TRIP - BEXLEYHEATH SHOPPING CENTRE	3.00PM MUSICAL ENTERTAINMENT WITH SHAUN MURRAY	ALL DAY TRIP - VINTAGE LOU'S CAFE WITH TEA & CAKES	2.30PM MANAGER'S COFFEE WITH RESIDENTS	2.00-5.00PM CHRISTMAS FAYRE AT GROVELAND PARK	AM HYMNS/CHURCH SERVICE
TOP FLOOR	AM Daily Sparkle Session PM Musical Entertainment with Annie Riley	AM Sing-Along with Judith PM Hand & Nail Care	AM Arts & Crafts PM Chocolate Creations	AM Magic Table Games PM Floor Ball Games	AM Christmas Card Making PM Puzzles & Jigsaws	AM Table Top Games PM Christmas Fayre	AM Reminiscing Session PM Chair Yoga
MIDDLE FLOOR	AM Boxercise with Mark PM Daily Sparkle Session	AM Sing-Along with Judith PM Tuesday Trivia	AM Christmas Card Making PM Bingo	AM Sing-Along with Judith PM Hand & Nail Care	AM Word Games in the Lounge PM 1-to-1 Getting to Know You!	AM Bisi & Gospel Choir PM Christmas Fayre	AM Church Service PM Resident Committee Meeting
LOWER FLOOR	AM Buki's Sewing Workshop PM Board Games	AM Floor Games PM Christmas Card Making	AM Scrapbooking PM Reminiscing Session	AM Sing-Along with Judith PM Arts & Crafts	AM Table Ball Games PM Discussion about Hobbies	AM Table Top Games in the Lounge PM Christmas Fayre	AM Cinema Streaming of Church Service PM Arts & Crafts
CINEMA	One Flew Over The Cuckoo's Nest	Elvis	Hairspray	Mamma Mia	Green Book	Rocket Man	Hamilton
SALON	Hairdresser	Nail Care Technician	Hairdresser	Nail Care Technician	Hairdresser		



25 - 30 NOVEMBER 2024 | EVENTS & ACTIVITIES

	MONDAY 25TH	TUESDAY 26TH	WEDNESDAY 27TH	THURSDAY 28TH	FRIDAY 29TH	SATURDAY 30TH	
EVENTS HIGHLIGHTS	10.30AM BOXERCISE WITH MARK	10.30AM TRIP - JUBILEE DIAMOND CLUB	10.30AM CORA'S JAPANESE PASTEL ART SESSION	3.00PM MUSICAL ENTERTAINMENT WITH PJ & ROSE	ALL DAY TRIP - RUXLEY GARDEN CENTRE		
TOP FLOOR	AM Dot to Dot & Colouring Session PM Balloon Therapy	AM Sing-Along with Judith PM Hand & Nail Care	AM Card Games PM Table Top Table Tennis	AM Biscuit Decorating PM Musical Entertainment with PJ & Rose	AM Get Up & Move - Dance Session PM Paper Games & Colouring		
MIDDLE FLOOR	AM Boxercise with Mark PM Word Games on the Whiteboard	AM Sing-Along with Judith PM Trivia Tuesday	AM Indoor Golf PM Darts	AM Sing-Along with Judith PM Hand & Nail Care	AM Baking Morning PM Bingo		
LOWER FLOOR	AM Baking Morning PM Knit & Natter	AM Monopoly/Cluedo PM Karaoke Afternoon	AM Charades PM Meal Preparation - A Day in the Kitchen	AM Sing-Along with Judith PM Table Top Ice Hockey	AM Jewellery Making - Bracelets PM Planting Flowers from Ruxley Garden Centre		
CINEMA	Jaws	Rocky	Bohemian Rhapsody	I, Tonya	Elizabeth		
SALON	Hairdresser	Nail Care Technician	Hairdresser	Nail Care Technician	Hairdresser		