## OCTOBER 2023 EVENTS

MON	TUE	WED	THU	FRI	SAT	SUN
						I 10:30 am Throw & Tell Reminiscence
2 11:30 am Exercise To Music By G-Fitness	3 3:00pm Santino & His Guitar Performance	4 12:00 pm Bluewater Mcdonalds Trip	5 2:00 pm This Is My Life Story	6 12:00 pm Welling Pie & Mash Shop	7 3;00 pm Music From Peggy Rose	8 10:30 am Colourful Drawing Pad Games
9 2:00 pm 20 Questions?	I O 12:00 pm Crayford Social Club	I I 3:00 pm Musical Performance By Keely	I 2 11:00 am Horniman Aquarium	1 3 2:00 pm Keeping Up With House-Keeping	I 4 11:00 am Heritage Farm Park	I 5 2:00 pm Musical Madness Group Session
1 6 3:00 pm The King Elvis' Live Performance	1 7 2:00 pm Table Hockey	1 8 10:30 am Mojo Arts Creative Session	1 9 10:00 am Tour Of Canterbury Cathedral	<b>2 O</b> 2:00 pm Thank You Cards For Chefs Day	<b>2 I</b> 3:00 pm Musical Performance From Mandy + Me	2 2 2:00 pm 50's & 60's Reminiscence
2 3 2:00 pm The Bull Beefeater Lunch	<b>2 4</b> 3:00 pm Musical Performance By Lloyd	<b>2 5</b> 10:30am Visit To Eagle Heights	2 6 2:00 pm Spooky Pumpkins	<b>27</b> 3:00 pm Musical Performance By Sarah Starkey	2 8 2:00 pm Magic Table Games	2 9 2:00 pm Hand & Nail Care Morning
3 0 10:30 am Hand & Nail Care Morning	3 I 10:30 am Musical Sing Along By Judith					



## HIGHLIGHTS

4<sup>TH</sup> – Bluewater Mcdonalds Trip

I 4<sup>TH</sup> – Heritage Farm Park

 $\mathbf{I}\,\mathbf{9}^{\text{TH}}$  – Tour Of Canterbury Cathedral

26<sup>TH</sup> - Spooky Pumpkins

Please note that all activities may be subject to short notice change or cancellation due to unforeseen circumstances or operational requirements. Please check if planning a visit.

Follow us at: Facebook/GrovelandParkCareHome